

A good and rounded sound will appear particularly, if enough male voices (tenors & basses) will register!"

**Closing booking registration: 5<sup>th</sup> April**  
**Early booking discount closing: 1<sup>st</sup> March**  
**Course fees: 355,-€ (Early booking 310,-€)**

**Course bookings at [www.voiceworks.de](http://www.voiceworks.de) or via Hanny Nover (see details other side, column 3)**

**Room Bookings** directly via Villa Palagione, see rooms and prices at: [www.villa-palagione.org](http://www.villa-palagione.org)

**Booking contact:** Villa Palagione c/o Marklandstr 17, 81549-München ☎ 089-61209751, Fax 089-74427928  
✉ [info@villa-palagione.org](mailto:info@villa-palagione.org)

**Venue:** Villa Palagione - *Centro Interculturale*  
Loc. Palagione, I-56048 Volterra (PI)  
Tel. 0039-0588-39014, Fax -39129

✂----- or copying

### Booking-COUPON

Name: ..... First Name: .....

Address: .....

Tel.: ..... Fax: .....

E-Mail: .....

I wish to book a place on the following **voiceworks Course No.** ..... (please enter code, see course title)

I have paid the course fee to the post giro account stated at the end of the course flyer on ..... (Please enter date.) I have specified the course No. in my transfer form!

Refunds for cancelations are made in full up to the courses closing date for booking registrations as stated in the course flyer. After this date refunds can be made only, if another person takes over the place. If the course cannot take place after all, all payments made will be repaid in full.

**Signature:**

**Date:**

### German spoken voiceworks courses 2016: Deutschsprachige voiceworks Kurse 2016:

- 04.-6.03.** Singen und gesunden-Lieder zum Frühling (Kurs G22), Düsseldorf
- 29.3.-1.4.** Minnelieder u. Gregorianischer Gesang (Kurs FM10), Kloster Bursfelde, Weser
- 29.4.-1.5.** Basiskurs - natürliche Stimmbildung (Kurs B12), Berlin
- 17.-19.06.** Madrigalsingen *kommunikativ* (Kurs D4) Zürich
- 25.6.-2.7.** Zusammen die Singstimme entdecken (Ferienkurs F18), Basse, Languedoc (F)
- 09.-11.09.** Heilwirksame Stimme *regenerativ* (Kurs H14), Zürich
- 17.-24.09.** Singen aus Leib und Seele (Ferienkurs FV6), Chorsingen in Ligurien (I)
- 30.9.-3.10.** Liedkurs: Solo- und Duettsingen (Kurs L12), Böhlen, Thüringer Wald
- 21.-23.10.** Atemfluss ~ den großen Atem erleben in Körper, Geist und Seele (Kurs A3), Hannover
- 04.-06.11.** Chorsingen - bunte Herbstlieder (Kurs C22), Berlin
- 18.-20.11.** Minnelieder u. Gregorianischer Gesang (Kurs M11), Zürich
- 02.-04.12.** English Christmas Carols - Singen im Chor (Kurs C23), see webpage for venue (wahrscheinlich Hamburg)

#### Kontakt:

**voiceworks naturally**

**Miké Noack**  
**Brokeloher Dorfstr. 33**  
**D-31628 Brokeloh**

**T: +495027-900789-1 (Fax-2) M: +49177-2083863**  
**E: [m.noack@voiceworks.de](mailto:m.noack@voiceworks.de) W: [www.voiceworks.de](http://www.voiceworks.de)**

**Account details: M. Noack, Postgiro**  
**Postbank Berlin (D) BIC: PBNKDEFF**  
**IBAN: DE18 1001 0010 0310 0131 01**

**voiceworks naturally**  
*Natürliche Stimmbildung*  
**Miké Noack**

### English Language Course Programme 2016

Brussels (Belgium)

Volterra (Toscany, I)  
Villa Palagione

Singing and Well-Being  
19.-21.02. (Brussels)

Choir Singing  
from the Heart  
13.-20.08. (Toscany)



## voiceworks *naturally natürliche* Stimmbildung

is a method promoting the natural voice capacities of any individual or group, who is keen to develop the voice's presence, whether spoken or sung, while having the stimulation of one's health or one's creative/musical ambitions in mind, whether primarily as a personal or as a professional interest, or as both these.

**voiceworks naturally** was founded by Miké Noack over 35 years ago, who offers courses in many European countries ever since with a rich variety of themes such as "Singing and Well-Being", "The Speaking Voice - a neglected musical instrument", "The Use of the Voice's Healing Capacities", "Words and Songs of Silence", "Ensemble Courses - Singing and Relating", "Basic Introduction to voiceworks *naturally/sound* voices", "The Gift of Breathing", "Vocal Improvisation", "Gregorian Chanting" (run at times in ancient monasteries), "Madrigal Singing - *emotionally*", "Choir Singing from the Heart - holiday weeks in Mediterranean countries, i.e. Tuscany (Italy), Langue-doc (France)", "Choir Singing Courses with themes such as 'English Christmas Carols' or 'International Christmas Music'", "Seasonal Singing at Spring, Summer, Autumn etc." workshops for existing choirs or ensembles, etc.

Since 2007 Miké Noack is based in Germany, formerly in England. He also offers individual work from his home and every one or every other month in Bremen, Hanover, Göttingen and Zürich also, less often, in Berlin and Hamburg. Further he offers voice coaching to managers who wish to be more effective with their voices. Several years back he held responsibilities at Volkswagen to this respect. Most courses, individual work and coaching are run in German, but some are offered in English or will be on request.

Miké Noack has studied church music in Berlin, his place of birth, where he held a position as organist & choirmaster and has completed a psychotherapy training in London in 1979. His **voiceworks** method is the synthesis of his two professions. He is also a composer of mostly vocal works. He lived in England for 30 years, where he has two daughters and a granddaughter. Since 2008 he is in his second marriage, where he also has a step daughter.

## English spoken **voiceworks** courses 2016

19.-21. Feb. "**Singing and Well-Being**" (Brussels)

06.-13. Aug. "**Choir Singing from the Heart**"  
(Villa Palagione, Volterra, Tuscany Italy)

### Singing and Well-Being

Course No. **G21**, Brussels, 19.-21.02.2016

This course is for everyone who loves singing, whether in choirs, elsewhere or just for themselves and who senses or knows that singing is furthering well-being and health, that it is fun and brings people together, that it is highly communicative and connects us more deeply to our inner worlds, as well as with each other.

In all cultures primary joy and sorrow has always been expressed through the voice, particularly by means of the singing voice, a way of finding release and relief, of experiencing enjoyment and of giving joy to others. This has both, a self-regulatory life function, as well as a creative quality, inherent to all human beings. They make and keep us healthy.

Breathing will be experienced as a bridge between the inner and the outer realms and different natural types of breathing may be explored. The body will be experienced and supported as the voice's primary resonator, making sound production a more effective and pleasurable process.

All processes and exercises will be approached in a focused way, yet with lightness and good humour. What is learned will be applied in the singing of songs, rounds and perhaps some part singing. However, music reading capacities are not a precondition to this course. Comfortable clothing and indoor foot wear are recommended.

This course serves well as an introduction to the **voiceworks method** and is a good preparation in particular to the two courses further listed here.

**Closing booking registration: 1<sup>st</sup> February**  
**Early booking discount closing: 10<sup>th</sup> January**  
**Course fees: 195,-€ (Early booking 175,-€)**

**Venue:** Address and public transport info will be publicized closer to the course date.

**Course times:** Fri 19.00-22.00 h, Sat 10.00-13.15  
& 14.45-19.00 h, Sun 10.00-13.30 h.

**Booking at:** [www.voiceworks.de](http://www.voiceworks.de), click on 'Kursprogramm', scroll to course date and click on 'Info und Anmeldung', fill in form accordingly. Make sure you transfer the course fee by the closing dates in order to secure your place. Account details at rear bottom of this flyer. **Alternative booking:** Please use Coupon in this flyer and send, mail or fax to:

### Hanny Nover

Avenue d'Auderghem 234, B-1040 Brussel  
[revonah@gmx.de](mailto:revonah@gmx.de), ☎ 0049-178-2187505

### Choir Singing from the Heart

Course No. **FV5**, Volterra, Tuscany, Italy)

This week of engaging choir singing offers an active and creative holiday course in a wonderful Toscan venue called 'Villa Palagione' with its stunning historic buildings and individual rooms, 7km outside Volterra, including large grounds with many old trees, a big swimming pool and out door dining areas, and - of course - good Italian food.

The course is attractive to people who like singing in choirs, whether or not they are currently part of one at home. Fluent music reading is welcome, but not essential. We shall sing approx. 6 hours a day from Sunday to Friday. On the last evening we shall give a little concert (un spettacolo) to participants of other courses, to visitors and staff.

Mike Noack says about this course:

„It is important to me that we are singing with all senses, connecting in- and outwardly, engaging with body, mind and soul and allowing the breath to carry us, so we feel inspired all the way, as well as anyone listening to us. Concentrated learning while really enjoying what we do will be making a whole. An atmosphere of lightness is therefore supporting the intense learning process and the discovering of each composition, which will be chosen from various centuries as well as styles according to the abilities and possibilities of the choir group as it forms throughout the week.